

**Child and Adult Care Food Program (CACFP)  
 Summer Food Service Program (SFSP)  
 Medical Statement for CACFP and SFSP Participants  
 Requiring Meal Modifications**

Dear Parent/Guardian:

This institution/sponsor participates in the Child and Adult Care Food Program (CACFP) and/or the Summer Food Service Program (SFSP) and must serve meals and snacks meeting the CACFP and/or SFSP requirements. If a participant has a documented disability that restricts his/her diet, the institution/sponsor is required to provide substitutions as identified by a Licensed Physician. If a participant has a documented medical condition that restricts his/her diet, institution/sponsor must have a medical statement from a Licensed Physician or Recognized Medical Authority (Physician's Assistant or Nurse Practitioner), the institution/sponsor at their discretion may provide the substitution. Please have your Physician or Recognized Medical Authority complete and sign this form. Return the completed form to this institution/sponsor.

<b>Participant Information</b>		
1. Name:	2. DOB:	
<b>Disability or Medical Condition</b>		
3. The participant has a disability which restricts his/her diet: If yes is checked, complete numbers 5 – 9 and sign on line 13	<input type="checkbox"/> Yes	<input type="checkbox"/> No
4. The participant has a medical condition that restricts his/her diet: If yes is checked, complete numbers 5, 8-9 and sign on line 14	<input type="checkbox"/> Yes	<input type="checkbox"/> No
5. What is the disability/medical condition requiring modification of meals?		
6. Explain why disability restricts participant's diet:		
7. <b>Major life activity affected by disability: (Check all that apply)</b> <input type="checkbox"/> caring for one's self <input type="checkbox"/> performing manual tasks <input type="checkbox"/> seeing <input type="checkbox"/> hearing <input type="checkbox"/> eating <input type="checkbox"/> sleeping <input type="checkbox"/> walking <input type="checkbox"/> standing <input type="checkbox"/> lifting <input type="checkbox"/> bending <input type="checkbox"/> speaking <input type="checkbox"/> breathing <input type="checkbox"/> learning <input type="checkbox"/> reading <input type="checkbox"/> concentrating <input type="checkbox"/> thinking <input type="checkbox"/> communicating <input type="checkbox"/> working <b>Major bodily functions affected by disability: (Check all that apply)</b> <input type="checkbox"/> functions of the immune system <input type="checkbox"/> normal cell growth <input type="checkbox"/> digestive <input type="checkbox"/> bowel <input type="checkbox"/> bladder <input type="checkbox"/> neurological <input type="checkbox"/> brain <input type="checkbox"/> respiratory <input type="checkbox"/> circulatory <input type="checkbox"/> endocrine <input type="checkbox"/> reproductive functions		
<b>Substitutions</b>		
<b>8. Identify Foods to Omit from Diet:</b>	<b>9. Identify Foods that may be Substituted in Diet:</b>	
<b>Other Special Dietary Needs</b>		
10. The participant requires caloric modifications:	<input type="checkbox"/> Yes	<input type="checkbox"/> No
11. If yes, provide the caloric modification: _____ calories per day		
12. Other therapeutic diets (please explain):		
<b>For a participant with a disability (If number 3 is checked yes, this form must be signed by a physician)</b>		
13. Signature of Physician:		Date:
<b>For a participant with a medical condition</b>		
14. Signature of Recognized Medical Authority:		Date: